WHAT YOU SHOULD KNOW ABOUT
AGE-RELATED MACULAR DEGENERATION

WHAT IS AMD?

- Age-related macular degeneration, commonly referred to as AMD, is a retinal degenerative disease that causes a progressive loss of central vision.
- AMD is the most common cause of blindness in individuals over the age of 55 in developed countries.
- More than 10 million people in the United States have AMD.

**The retina** is packed with photoreceptors, the cells that enable us to see.
**The macula** is a small region in the center of the retina that’s rich in cones.

Central vision loss from AMD occurs when cone photoreceptors in the macula degenerate.

WHAT TO EXPECT WITH AMD:

- **Blurring of Central Vision**
- **Straight lines appearing distorted or warped**
- **Blind spots forming within the central field of vision**

RISK FACTORS:

- Aging
- Smoking
- Genetics
- Unhealthy Diet
- Unprotected Sunlight Exposure

TREATMENTS FOR AMD:

- AREDS2 is an over-the-counter antioxidant supplement that can slow the progression of AMD intended for people who are at risk of developing more advanced forms of dry or wet AMD.
- Several therapies are now available for the wet form of AMD. Most involve regular ocular injections to halt the growth of leaky, vision-robbing blood vessels. These include:
  - EYLEA™ (afibercept)
  - Lucentis™ (ranibizumab)
  - Avastin®

To learn more about living with AMD, finding a specialist, genetic testing or clinical trials, visit FightingBlindness.org or call 888-332-3667.